



G.A.T.E.WAYS

and

Fencing Victoria

invite highly able Year 5 and 6 children with physical talent to

'EN GARDE!!'

at Fencing Victoria

1st Floor, 204 - 206 Arden St North Melbourne

G.A.T.E.WAYS is an independent organisation offering challenging and enriching activities and experiences to develop and extend highly able children. Established in 1994, G.A.T.E.WAYS runs a range of stimulating school programs as well as the Saturday *Brainwaves Club*. This ON LOCATION program for both girls and boys will run over two full days. Over its duration students will learn to fence. Through video and discussion they will discover how the sport evolved from duelling and sword-fighting, They will learn the basic skills of fencing with the foil. Once learnt, students will be guided to combine these skills in a variety of ways to develop their own fencing strategies. While bouting one rapidly needs to analyse the opponent to deliver hits and utilise the skills to prevent being hit. Students will then use the skills to fence electrically with the epee. In addition participants will learn the rules of fencing, how to referee and score as well as the etiquette of the sport.

Requirements: Participants will need a water bottle, snacks, lunch (no nuts please); 2 x dry t-shirts, runners and tracksuit pants for each day.

Program outline

Day 1

- **historical introduction to weapons**
- **basic fencing skills**
- **duelling and fencing**
- **rules of foil**
- **basic offensive & defensive actions**
- **bouting**
- **introduction to refereeing**
- **refereeing bouts**
- **fencing games**

Day 2

- **duelling & fencing - epee introduction**
- **footwork**
- **bouting & refereeing**
- **development of offensive and defensive skills**
- **electric fencing & bouting**

At the end of the program, students will be presented with a certificate outlining what has been achieved during the program.

About the Presenter

Pieter Leeuwenburgh is a Maître d'Armes d'Esgrime and trained secondary teacher of Physical Education and Science. He works for Fencing Victoria promoting the sport and for over 20 years he has taught the technical skills and tactics of fencing in a challenging and active way to children. Some of his students have won National titles and made finals in International tournaments.